

## JUST FRUIT

Our classic blends include 20g of our whey & casein protein

### ORANGE PUSH-UP

Zesty Orange & Creamy Vanilla  
Calories: 460 / 560

### STRAWBERRY BANANA BLAST

Strawberries & Bananas  
Calories: 420 / 520

### POMEGRANATE PARADISE

Red Cherries & Pomegranates  
Calories: 340 / 400

### PINA COLADA MADNESS

Pineapples & Coconuts  
Calories: 430 / 520

### ALL THAT RAZZ

Bananas & Raspberries  
Calories: 400 / 490

## SLIM DOWN

Includes Fat Burner & 20g of our whey & casein protein

### BELLY BUSTER

Strawberries & Bananas  
Calories: 430 / 530

### ORANGE PEELER

Orange & Vanilla  
Calories: 470 / 570

### BERRY BERRY GOOD

Raspberries, Blueberries & Strawberries  
Calories: 430 / 530

### WONDER TWINS

Mangoes & Peaches  
Calories: 470 / 570

## MUSCLE UP

Includes Glutamine & 20-40g of our whey & casein protein

### THE STRAWBERRY POUNDER

Strawberries, Bananas, 40g of Protein & Glutamine  
Calories: - / 829

### THE KING PIN

Blueberries, Strawberries, Raspberries, & Glutamine  
Calories: 444 / 534

### THE FAT BOY

Mocha, Peanut Butter, Non-Dairy Smoothie Creme & 40g of Protein  
Calories: - / 829

### MOCHA MANIA

Chocolate, Mocha, & Non-Dairy Smoothie Creme  
Calories: 427 / 724

### THE INCREDIBLE BULK

Chocolate, Peanut Butter, & Non-Dairy Smoothie Creme  
Calories: 447 / 584

### PEANUT BUTTER POWER

Peanut Butter & Non-Dairy Smoothie Creme  
Calories: 392 / 609

### THE KING KONG

Chocolate, Bananas, Non-Dairy Smoothie Creme & 40g of Protein  
Calories: - / 519

## SIGNATURE SMOOTHIES

Chocolate blends made with 20g of our whey & casein protein

### THE DIRTY PEANUT

Chocolate & Peanut Butter  
Calories: 433 / 570

### MOCHA PEANUT BUTTER

Mocha & Peanut Butter  
Calories: 593 / 630

### MUDSLIDE LATTE

Chocolate, Mocha, & Non-Dairy Smoothie Creme  
Calories: 413 / 450

### BERRIED IN CHOCOLATE

Chocolate & Strawberries  
Calories: 523 / 750

### ELVIS' RETURN

Chocolate & Bananas  
Calories: 413 / 615

### MALIBU CHOCOLATE

Pinapples, Chocolate & Coconuts  
Calories: 523 / 750

## ADD A SCOOP \$1.00

### GLUTAMINE

ASSIST IN MUSCLE RECOVERY

### MULTIVITAMIN

YOUR COMPLETE MULTIVITAMIN

### ENERGY BOOST

ENHANCES ENERGY, FOCUS & ENDURANCE

### FIBER

MAINTAINS DIGESTIVE HEALTH

### VEGGIE SUPERFOODS

DAILY DOSE OF FRUITS AND VEGGIES

### BCAAS

HELPS REPAIR & GROW MUSCLE TISSUE

### CREATINE

INCREASES MUSCLE ENERGY

### GRANOLA

A WHOLESOME SMOOTHIE ADDITION

### FAT BURNER

BOOSTS METABOLISM

## MAKE IT TWO \$2.00

### SLIM N' TRIM

FAT BURNER & BCAAS

### DAILY HEALTH

MULTIVITAMIN & VEGGIE SUPERFOODS

### JUMP START

ENERGY BOOST & VEGGIE SUPERFOODS

## SMOOTHIES AVAILABLE IN:

16oz / 24oz